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Data Sheets

Building Connected Communities: Social Isolation  
and Loneliness Toolkit

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2018

# Building Connected Communities: Peel, Mississauga – 2016 Census Older Immigrants

Sheridan Centre for Elder Research

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### SOURCE Citation

Sheridan Centre for Elder Research, "Building Connected Communities: Peel, Mississauga – 2016 Census Older Immigrants" (2018). *Data Sheets*. 7.

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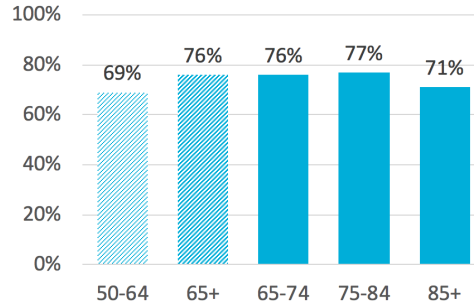
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# 76% of the POPULATION AGED 65+ IN MISSISSAUGA ARE IMMIGRANTS

Most immigrants over the age of 65 in Mississauga are racialized.

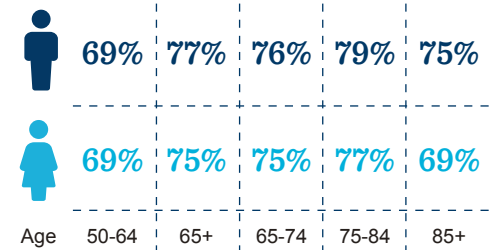
## Age

% of population of Mississauga who are immigrants x age



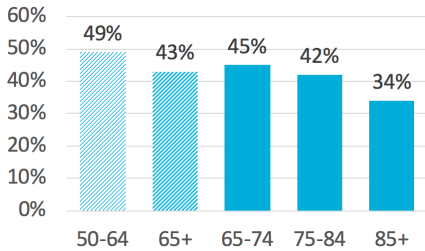
## Gender

■ % of men 65+ in Mississauga who are immigrants  
■ % of women 65+ in Mississauga who are immigrants



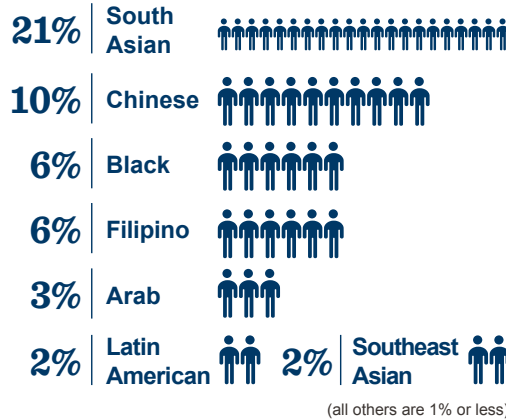
## Visible Minority Groups

% of people in Mississauga over age of 65 who are visible minorities

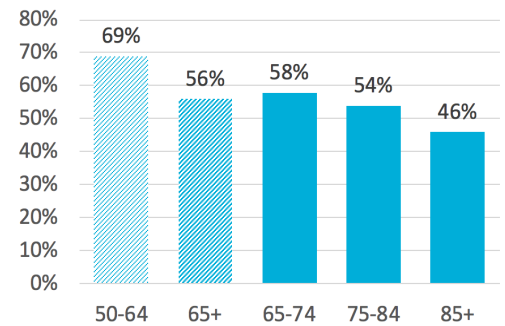


As a comparison, in Mississauga the total population of people who are visible minorities is 57%.

For those who are 65+ in Mississauga who are immigrants

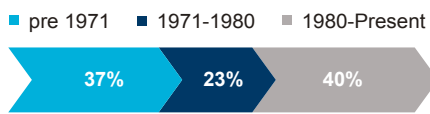


of those who are immigrants, the % of people who are visible minorities



## Live Alone Vs. Live with Others

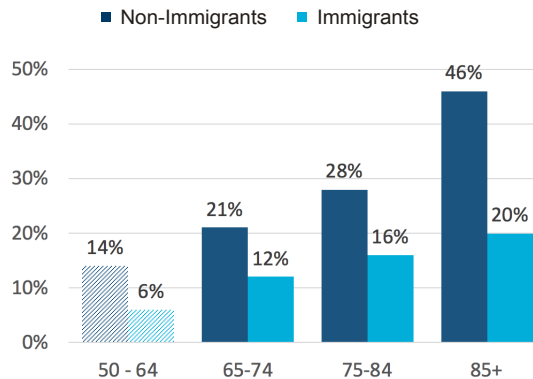
% of immigrants 65+ in Mississauga - time period of immigration



In all age groups, those who immigrated before 1971 are also more likely to report living alone in later life than individuals who immigrated later, but who are the same age. Percentages of immigrants 65+ living alone decrease as the time of immigration becomes more recent. Those who immigrated to Canada pre-1971 are less likely to be a visible minority (78% reported they are not a visible minority).

Note: 53% of people ages 50 – 64 immigrated to Canada between 1981 and 2000.

% of immigrants in Mississauga who live alone vs. non-immigrants



# 83% immigrants age 65+ WHO LIVE ALONE SPEAK ENGLISH or English plus another language at home.

Polish (14%), Italian (12%), and Portuguese (10%) are also spoken by immigrants age 65+ who live alone, followed by Cantonese (8%), Spanish (6%), Arabic (4%), Tagalog (4%), Mandarin (3%). All of the following are spoken by 2% of immigrants age 65+ who live alone: Punjabi, Urdu, Gujarati, Farsi, Ukrainian, and Korean.

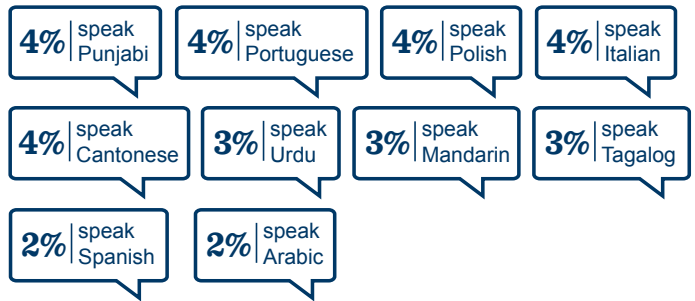
(all others are 1% or less, or 1% N.I.E.)

## Top Languages Spoken by Immigrant Population 65+

**17%** individuals 65+ who are immigrants **DO NOT KNOW** either of the official languages This number is greater among those 85+ (28%).

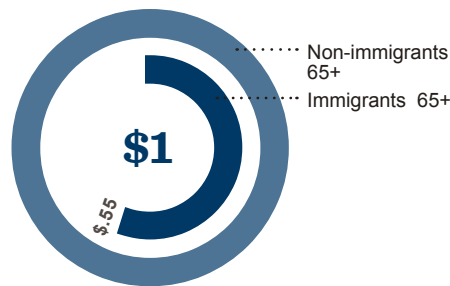
**51% SPEAK ENGLISH** or English plus another language when at home

(all others are 1% or less, or 1% N.I.E.)



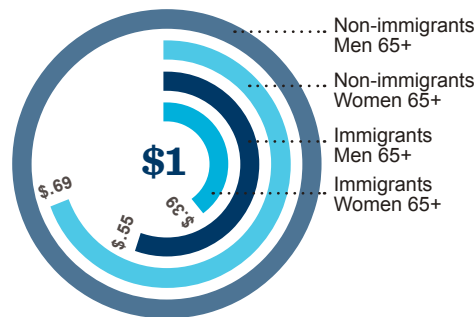
## Median Income Differentials

Immigrants who are age 65+ have **substantially lower** median incomes than non-immigrants who are 65+.



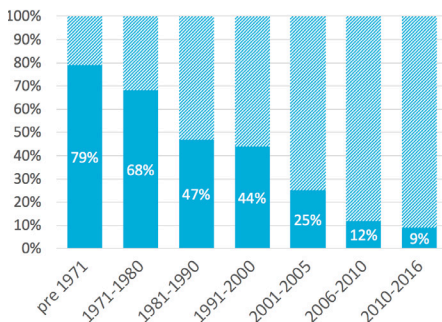
% of income made by immigrants 65+ vs. non-immigrants 65+

Men and women who are immigrants both make less compared to their non-immigrant counterparts. However, **immigrant women make substantially less** than immigrant men.



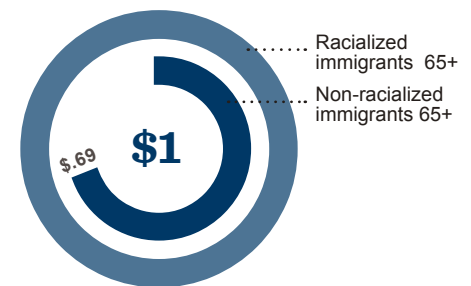
The difference is **more substantial when considering the time frame** when someone immigrated to Canada.

**Lack of access to Old Age Security and other benefits programs** is a likely explanation for this striking difference in the more recent years, but cannot account for all differences.

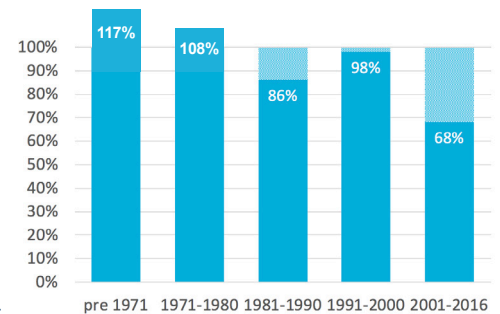


## Racialized Immigrants

Racialized immigrants ages 65+ report **lower median incomes** than non-racialized immigrants 65+.



% of income made by racialized immigrants 65+ vs. non-racialized immigrants 65+



## Considerations for the City of Mississauga

The City of Mississauga has a **notably high percentage** of older adult immigrants aged 65+, the majority of whom are **racialized and immigrated to Canada from South Asia and China**. The provision of services to low-income immigrants who are **not fluent in English** is an area of need specific to the City of Mississauga. Income needs will be greater among women, racialized individuals, and relatively

recent immigrants to Canada. The City of Mississauga has **the most diverse array of languages spoken** by immigrant older adults of all areas in the Region of Peel, and this should be reflected in the programs and services offered to them.

While most older adults in the City of Mississauga live with family members, older adult immigrants may still experience social isolation and/or feelings of loneliness while living in **multigenerational households**.

For details about this research study and other resources in this Toolkit visit [https://source.sheridancollege.ca/centres\\_elder\\_building\\_connected\\_communities/](https://source.sheridancollege.ca/centres_elder_building_connected_communities/)

**Note to users:** As per Statistics Canada (2018) the immigrant population is defined in the 2016 Census as persons who are, or who have been, landed immigrants or permanent residents in Canada. This excludes non-permanent residents (i.e., persons in Canada who have a work or study permit or who are refugee claimants).

Recent immigrant refers to an immigrant who first obtained their landed immigrant or permanent resident status in the five years prior to a given census. In the 2016 Census, the period is from January 1, 2011 to May 10, 2016.

These data sheets use "racialized" interchangeably with "visible minority" which Statistics Canada defines as per the Employment Equity Act as "persons, other than Aboriginal peoples, who are non-Caucasian in race or non-white in colour" (Statistics Canada, 2018).

N.I.E – Not Indicated Elsewhere includes respondents who reported a write-in response such as 'Guyanese,' 'West Indian,' 'Tibetan,' 'Polynesian'.

**Source:** Statistics Canada, custom tabulation (2016 Census). 2018.