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From the Lab to Student and Graduate Success: The Benefits of Developing Research Skills

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From the Lab to Student and Graduate Success: The Benefits of Developing Research Skills

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Centre for Elder Research, Sheridan College, Oakville, ON
Mission Statement:
The Centre for Elder Research conducts innovative ‘Lab to Life™’ research that enhances the quality of life of older adults while serving as an education and resource hub for Sheridan and the broader community.
Social innovation at the Centre: bringing together a mix of people, services and strategies to foster the successful application of new ideas that work to meet pressing unmet needs in the field of aging.

Illustrations by Brian Roppel, 2015 Sheridan Grad
475
Students

25
Programs

4
Faculties

5 ways to become involved

Co-op  Internship  Paid Research Assistants  Field Practicum  Volunteers
These research experiences help to prepare job ready graduates and equip them with the soft skills and resilience they will need to succeed in a labour market that has dramatically changed and will be shaped by a shrinking youth market and an aging population.
Reminiscence and conversation with LifeTimes – there’s an app for that!™
“Paola would come to us and say that she had just learned something new in class that we were going to try for our business!”

~The LifeTimes team
Job-ready skills and relevant, real-world experience - both provided through applied research - can make a world of difference for graduating students.

“Our experience at the research centre greatly complemented our learning at Sheridan… At the centre, we were also involved in many research projects that brought us into direct contact with external clients on a regular basis. …Our years of technical and professional experiences at the Centre propelled us forward in the field of information technology, thus making us attractive candidates to employers like Scotiabank. Without this valuable experience, we would not be able to learn new technologies quickly nor would we be able to interact or communicate with our clients as effectively”. ~Kshitij Bhatt & Dilip Muthukrishnan
From Research to Curriculum

- Collaborating with faculty to create and embed new curriculum into courses
- Workshops/meetings with staff members about an aging population
- Guest lectures about research results
- Regular Friday afternoon drop in sessions for the entire Sheridan community
- Creating products, such as our Applied Research board game, for use in Sheridan programs
Through experiential game play, students are given an opportunity to translate theoretical concepts into practice while working to explore new ideas and approaches to applied research.

From Lab to Life™
The Adventure of Applied Research

Game design by Robin Wang & Hermione Osmers, 2014 Sheridan Grads
Students form multidisciplinary teams, working collaboratively and supporting each other on industry-led projects.

Social Service Worker – Gerontology
Marketing & Advertising
Graphic Design
Photography
Journalism – Print
Illustration

Software Development & Network Engineering
Exercise Science & Health Promotion

sheridancollege.ca
Thank you for joining us as we continue to journey from *Lab to Life™!*

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